



TWEEN TEEN YOGA

for girls

Fridays
5:30 - 6:30pm

October 19
November 16
December 7

For girls 6th grade and up

Time just for girls to stretch,
strengthen and relax.

COST: \$14 per class

Registration available on our website under Kids.
Please register early to ensure we meet the
minimum number of students to hold the class.



Beverly Yoga Center

*May the practice of yoga and meditation cultivate kindness,
compassion and care for your mind, body and heart.*

1917 W. 103rd Street, 2nd Floor | 773-239-9642

www.beverlyyogacenter.com